BOWFLEX

The adjustable **552 SelectTech dumbbells** replace 15 sets of weights. Weights adjust from 5 to 52.5 lbs in 2.5 lb increments up to the first 25 lbs. Easy-to-use selection dials for adjusting weights. They are sold as a pair. Easily switch from one exercise to next and with the turn of a dial you can change your resistance, enabling you to gradually increase your strength. Versatile workout for your legs, back, chest, abs, shoulders and arms. Compatible with the free Bowflex SelectTech® training App for iOS and Android.

## Turn Of a Dial

Select the weight you want with the turn of the dial – no more picking up 30 different dumbbells to give you the results you want.

## **Space Efficient**

Say goodbye to 30 sets of dumbbells cluttering your workout space.

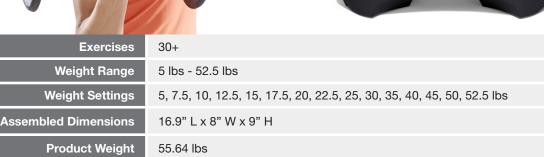
## Wider Weight Range

With weight that adjust from 5 to 52.5 lbs., you'll continue to see results as your fitness level improves.

## **Quieter Workouts**

Durable molding around metal plates provides for a smooth lift-off and quieter workouts.





Parts - 2 Years, Plates - 5 Years, Labour 1 Year









Warranty