



# 3.1 Bench

### Total Versatility

Adjusts to six different positions for total versatility: -20°, 0°, 30°, 45°, 60°, 90°.

### Built Strong

Built strong to last long with heavy-duty steel construction.

### Positioning Support

Corrects posture and stabilizes positioning for a muscle-building free weight workout.

### Transport Wheels

Wheels away for easy storage so you can stow it almost anywhere.



Positions	6
Construction	Heavy Duty Steel
Additional Features	Removeable Leg Hold-Down Brace
Assembled Dimensions	56" L x 26" W x 20" H
Warranty	Frame - 30 Years, Parts - 1 Year