



CRS800 Fitness Recumbent Stepper

The **CRS800 Recumbent Stepper** is the perfect solution for those wanting a low-impact, full-body workout, while performing a functional movement with minimal stress on lower body joints. The seated stepping motion utilizes a linked, linear motion enabling users to self-adjust the stroke length to accommodate their range-of-motion capabilities. The smooth stepping action is complemented with oversized cushioned foot pedals, linked natural upper body motion with large cushioned multi-grip handles, and a step-through frame design for users with limited mobility



Weight	258lbs
Weight Capacity	450lbs
Dimensions	67" L x 31.5" W x 48" H
Heart Rate	Contact & Telemetric, (Chest strap sold separately)
Resistance Levels	20 Levels, Watt Range from 5 to 750